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pg 19 Learn how to beat the effects of gravity with breast firming exercises

Afternoon Despatch & Courier

MUMBAI | THURSDAY, OCTOBER 4, 2012

WEDDING ON THE WAY?

Planning the perfect wedding means zeroing down on the best invitations, venue, decorator and cake, not to mention looking and feeling like a princess. Since being a bride-to-be can be stressful, **Rhea Dhanbhoora & Gargi Bansod** make things easier by giving you their picks of essentials required to make your dream wedding easier to achieve

Planning your dream wedding doesn't have to be a nightmare. From the perfect cake to the best invitations and wedding planners in town, to makeup artists that will make you look like a dream, we've picked our favourites to help you plan your wedding without breaking into a sweat.

Bridal secrets

Well, this one's only to be revealed to your to-be husband. Surprise him with cute and sexy lingerie from Victoria's Secrets Sexy Little Bride collection. They also make for a great bridal shower gift. Victoria's Secrets also offers shapers such as slimming corsets, snug slips and bust minimisers, ideal for wearing underneath your wedding gown so that you look your best on D-day. **Price** ₹2,050 onwards **Where** Evangelos, 3rd Floor, Atria Mall, Worli

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Being a bride can be stressful, but we give you a helping hand so that planning is made easy

You say it!

Gone are the days when only a guy would be the gentleman and get down on his knees to propose. If he isn't popping the question, be the uber cool 21st century woman and surprise him by doing so yourself. And if you don't know how to go about it, the gang at lacebratio.com are experts at planning proposals with a personal touch, to make those special moments even more memorable. Just give them a call and your proposal will be well planned. **Where** www.lacebratio.com

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48hrs
Party Online!

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« Feature

We bring you the best websites to help you plan your party

« Restaurant:

Read our review on the new Manchester United Cafe outlet and The Beachcomber bar

« Events

We tell you about the Mumbai Film Festival and other events happening in the city

« Weekend Planner

Find out what places in the city have offers and what deals you can get this weekend

« More

Store reviews, new launches, Dinesh Thakur tribute plays at Prithvi with the Ank Theatre Group and much more

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RINGS Lets start from the beginning. Whether you want to choose a budget band or a luxury one, here are a few we adore:



Amrapali: With a luxurious collection of gem encrusted rings to simple wedding bands, we absolutely love these creations. **Price** On request

Swarovski: Get a little economical without compromising on style with these great rings from Swarovski. From traditional styles to modern contemporary, you know you'll sparkle with one of these on your finger. **Price** ₹9,200 onwards



MAKEUP We agree with makeup artist Shamita Gogia's advice on getting a trial done to avoid any last minute disasters. Here are makeup artists we suggest you contact:

Minee R: Minee offers bridal makeup and hairstyling and uses products such as MAC and Make Up Forever. She has makeup, hair and draping packages and also has packages for family and friends! Packages start from 10k and she works with Romesh Dhamija as a team and will travel for your destination wedding. **Contact** www.mineer.in/ 9920641441/ romesh.minee@gmail.com



Shamita Gogia: The freelance makeup artist is a bundle of joy. Get ready to shell out around 12-15k for bridal makeup, depending on the number of functions and if it's outstation, she charges up to 20k. We suggest booking 3-6 months in advance. We love Shamita because she does hair and sari draping too. **Contact** 9821413443/ www.shamitagogia.carbonmade.com/ shamita.gogia@gmail.com



>> Uttara Shah makes beautiful, out-of-the-box wedding invites

INVITATIONS Invitations are a really important part of planning a wedding. While the latest trend is to host your own website — traditional cards haven't been phased out just yet. Here are our favourites:

MackMarkCards: For the bride in a hurry, mackmarkcards.com is the perfect place to get your invitations done in a few simple steps. Customise, choose your material, design and the amount of copies and you're good to go. You can pay as little as ₹22 or as much as ₹130 per invitation. **Where** www.mackmarkcards.com

MyShaadi.in: Create your online wedding site in a few minutes, with the least hassle possible and great packages that include a free package for three months! You can also opt for Gold (₹1,000) and Platinum (₹2,000) packages that have unlimited pages and photos and are valid for one year. **Where** www.myshaadi.in

Uttara Shah: If you've got time on your hands and want nothing but the best, Uttara Shah is the one to call. She has a shop in Lower Parel and a typical design process starts when you visit the studio. Understand the style, materials, colour samples and swatches and indulge in a one-on-one interactive discussion. In around 2-4 weeks you can discuss the finished design and in around 4-6 weeks, voila, you've got a good, old fashioned invitation ready. She's designed invitations for Imran Khan and Avantika Malik, the Ituas and Mittals, so expect your invite to be as unique as it can be, from concept cards to glitzy accessories and traditional contemporary styles. Prices vary according to what you select. Get to her in advance, because she only meets by appointment and won't take too many orders at a time. **Where** uttara.shah@mestudio.com/ 9930121161

PLANNERS & DECORATORS

Hiring separate planners and decorators is so passé. It's a good idea to hire one person who will do the entire job. Here are our picks:

Marry Me: Mumbai based wedding planners Candice Pereira and Jarret D'Abreo are the chic way to go when you want to plan your wedding. They arrange everything from popping the question (yes, proposals made easy!) to elaborate week-long destination celebrations. They believe that no two weddings are the same, so instead of set packages, they provide complimentary consultations to help you get exactly what you need. And, you can choose to be involved in the planning to. Having organised weddings for Ash Chandler and Malini Agarwal, their services include wedding budget management, invitations and stationary, venues, menu planning, design and décor, styling, personal shopping and trousseau, entertainment and even the photography and videos! They also have a blog for tips and planning hints. **Contact** info@marrymeweddings.in/ weddingbymarryme@gmail.com

Perfect Décor: Managed by cheerful duo Nitin and Aarti Raichura, Perfect Décor (below) is your one stop solution to everything wedding décor related. From flower arrangements and theme weddings to the reception and stage backdrops, they do everything. Whether it's your car or doll decoration, you know you're in good hands when you sign up for their services. **Contact** weddingdecorators@gmail.com



CAKES A good wedding deserves a good cake. We suggest sampling some beforehand, as you don't want your cake to look fabulous but taste terrible! Here are our favourites:



Le15: Pooja Dhingra's creations are delicious and look great. So, if you want a wedding cake that you can customise, contact her. Tell her at least three weeks in advance. Prices start at ₹1,500 per kilo. **Contact** 9769286544/ 9820487727



Tart: We love the creations by Tart. Owner Aashiyana Shroff creates beautiful pieces that are perfect for your special day. Prices start from ₹1,800 per kilo. **Contact** 65284457



Deliciae Patisserie: Deliciae is a great place to go if you need a cake in a hurry. Bunty Mahajan, dishes out great looking wedding cakes that start at ₹1,500, depending on the size and variety. And, you need to book a mere 5-7 days in advance! **Contact** 9029021900



PHOTOGRAPHERS

From getting ready to say 'I do' and everything in between, professional photographers can make sure that you have an album of pictures to make sure you'll never forget your special day. Here are our favourites:

Romesh Dhamija: Photographer Romesh offers pre-wedding as well as wedding photography in a candid and photo journalistic approach, so you'll have a number of spontaneous moments to smile about later. He also offers packages customised to your needs. With full length wedding videos, story telling short videos and HD and standard videos, you can capture your day in motion too. **Contact** 9920766374/ www.romeshdhamija.com

Richa Kashelkar: We adore Richa Kashelkar's work. The freelance photographer (who trained to be an architect), who specialises in wedding photojournalism and portraits, will immortalise your day with a range of great shots. She's willing to travel, so book her for your destination wedding. **Contact** hello@richakashelkar.com/ www.richakashelkar.com

The Great Indian Wedding Book

Indian weddings are all about grandeur and extravagance and every bride wants her wedding to be unique. What if you all the information you needed came in a 320 page book? Limited edition coffee table book, *The Great Indian Wedding Book* (₹2,000) offers an array of ideas and insights from ace wedding experts. From couture, food, entertainment and jewellery, the book will help you get your fairytale wedding. The contributors include couturiers JJ Valaya, Sharantanu & Nikhil, Taran Tahliani and Suneet Varma, jewelry experts from Amrapali and Hazorli, food experts Puneet Sikand and Vikas Khanna, wedding expert Aditya Motwani, invitation expert Ravish Kapoor and luxury personal shopper Monica Vazirani. **Where** Available in all leading book stores

BRIDAL PACKAGES

Of course, you need a bridal glow, but, the stress of planning the wedding might leave you looking haggard. Indulge in some of these bridal packages to shine at your wedding:

Rewa Escape Spa: Sink into the Pre Wedding Luxe Escape at Rewa Escape Spa. The three-month process includes a series of foot massages, manicures, pedicures, facials, nail art and body massages, and a private bridal shower. They also offer the Pre-Wedding Luxe Express for a month which will make sure you get all the pampering required. And, this includes the groom as well. **Contact** 9619444993/ 23520580

Myrah Spa: From diet counseling slimming treatments to massage therapies, facials and exotic body treatments, Myrah Spa has lavish indulgences for brides and grooms-to-be. Treatments include the Caviar Diamond and Amber Polish, Caviar Body Envelopment, Royal Aura Signature Massage, Queens Divinity Bath with Scalp Massage, Royal De-tox Bath with Scalp Massage, Sandalwood Body Polish and Champagne and rose spa with a love platter of strawberries, chocolates and cheese with a glass of bubbly. **Contact** 9820040002